

CHRISTOPHER LAKE PUBLIC SCHOOL

October 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Kindergarten	6 Boys Volleyball @ Queen Mary	7 Kindergarten Picture Day Girls Volleyball @ Vickers	8 PLC No Classes	9
10	11 Happy Thanksgiving	12 Kindergarten	13 Boys Volleyball @ Westview	14 Kindergarten Girls Volleyball @ Westview	15 Kindergarten Cross Country Extravaganza @ S.H. "Laker Gear" Day	16
17	18 Interim Reports SCC AGM @ 7:00pm (Venue Pending)	19 Kindergarten	20 Boys Volleyball @ Vickers	21 Kindergarten Girls Volleyball @ CLPS	22	23
24	25	26 Kindergarten	27 Boys Volleyball @ Westview	28 Kindergarten Girls Volleyball @ Wild Rose	29 Kindergarten Orange/Black (AM) Costumes (PM)	30
31 Happy Halloween						

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CHRISTOPHER LAKE PUBLIC SCHOOL

Home of the LAKERS

October 2021

Hello CLPS Parents and Caregivers

It is hard to believe that our September school start-up has come and gone! With the arrival of October, and school programming in full-swing, there are a number of events happening in October! Volleyball league games begin (Oct. 4), Cross Country Extravaganza (Oct. 5), School Pictures (Oct. 7), the CLPS Year-End Cross Country Run (Oct. 7), PLC Day (Oct. 8), Thanksgiving (Oct. 11), Interim Report Cards (Oct 18), and Halloween (Oct. 31). And those are just the big ones! There are so many experiences happening at CLPS on a day-to-day basis. We are excited to see our students be able to have an array of experiences such as these this year.

As I am sure that you have consistently seen in the news these days, the COVID-19 pandemic is still with us, and as of late the new case numbers are exceedingly high. I would like to take this moment to thank parents and caregivers for the diligence shown this fall already in keeping CLPS staff and students safe and healthy by keeping their children home when they are sick. I want to encourage all of you in this diligence and care going forward into the fall and winter months when all manner of colds and flus are prevalent. If, at any time, you are unsure about being a close contact or wondering about whether you should self-isolate, please be sure to contact Public Health by calling 811.

Thanksgiving is just over a week away, and I want to take this time to wish all of you a wonderful and joyful Thanksgiving. Although there is, at this time in society, significant turmoil and tribulation, there is much still to be thankful for as well. Know that there is good in the world. Know that you are the good in the world!

If, at any time, you have a question or concern about the happenings here at CLPS, please feel free to give me call or send me an e-mail. I am always happy to talk with our CLPS partners in education!

Sincerely,

Mr. Dejan Letkeman - *Principal*

Student Fees

All students from Kindergarten to Grade 8 must pay a \$30.00 student fee. This fee will be used to support student learning in the classroom. Student fees can be paid to the school or directly online (Instructions below). If paying to the school, please make cheques payable to Christopher Lake Public School.



Make online payments with **SchoolCashOnline**

- ✓ **Field Trips**
- ✓ **Sports Events**
- ✓ **Activity Fees**



Registration for School Cash Online is now available! Please visit www.srsd119.ca/school-cash-online/ for instructions.

Student Safety: Bus Loading and Unloading Zone

For the safety of all students, it is critical that the bus loading/unloading zone is clear of parked vehicles and traffic at the beginning and end of each day. Please refrain from driving or parking in the bus zone from 7:40 to 8:15 am and from 2:15 - 3:00. **The bus zone includes the wheelchair accessible parking spot. When dropping off or picking up your children, please park to the south of the parking lot by the back gate during bus loading/unloading times. Please do not use visitor parking for dropping off and picking up your children.** Also, please do not let your children onto the playground until 7:55 as that is when our supervision schedule starts.

During School Student Pickup

If you are picking up your child during the school day - for whatever reason - we ask that you notify the school ahead of time of your pickup time and then ring the doorbell by the front door when you come. We will then send your child out. If you do need to enter the school, we ask that you put a mask on and sanitize your hands upon entry. Thank you so much for your partnership and giving our students the best possible school and academic experience!



Picture Day

CLPS picture day will be on Thursday October 7th. These will be just individual photos. Class photos will not be happening at this time. Bring your best smile on the 7th. Retakes will be on November 18th.

School Community Council

The SCC will be having their AGM on Monday, October 18th at 7:00 pm. Everyone is welcome to attend. Venue is pending.

Spirit Days

We will be having "Laker Gear" day on October 15th. Please dress in your Laker gear, school colours which are blue, green and grey, or anything that represents our "Laker" school spirit. You could wear your favourite fishing hat in support of our fish mascot! On October 29th it's orange and black day in the morning and then in the afternoon, if your child would like, we will put on our Halloween costumes. Get involved and show your school spirit!!

Junior Curling

Junior curling will not be held this fall as there will be no ice. The curling club will re-evaluate their decision for a possible startup in January. However, I have decided to retire from coaching Junior Curling at Christopher Lake. For the students who wish to curl please contact the Prince Albert Curling Club. Thank you to everyone for all your help with the curling program over the years. I do hope they will find someone qualified to take over the program at Christopher Lake. To all my curlers, you are excellent curlers and I wish you success in the future.

Respectfully, Leisjea Horseman

OCT 31, 2021

TERROR IN THE PARK PART II

CROTHERS PARK VILLAGE OF CHRISTOPHER LAKE

ALL AGES EVENT, STARTS AT 3PM

WITCHING HOUR FOR BRAVE SOULS 7:30 TILL 8:30

**DONATIONS, VOL. UNTEERS AND INQUIRIES
CALL CODY 306 381 0800.**



PRINCE ALBERT

GOLF AND CURLING CENTRE

Teen Curl—Juniors Instruction & League

Mondays 4:30 – 5:30 pm

Ages 12 – 19 years old

Equipment supplied

October 27 to February - Cost - \$70.00

Windup, prizes & banquet

High Noon Optimist U15 & U18 Junior Cash Spiel
December 4—6

Viterra Youth Prairieland Curling Camp
December 11—\$50

PAG&CC are following CurlSask guidelines—
All participants must be fully vaccinated for Covid 19.

Register online

@ <https://prince-albert-golf.curling.io/en/leagues>

Or Information / Registration Nights

Sept 22 & Sept 28—5:00—8:00 pm

For more information, contact

Pat Bibby—764-2421

bibby@sasktel.net

Glenn—306-961-7734 or

pagcc_curling@hotmail.com

Prince Albert Golf & Curling Club

765-5201



High Noon Optimist



Junior Curling

Free Interactive

BRAIN WAVES PRESENTATION

FOR GR 4-6 STUDENTS

JOIN US ON ZOOM

Session 1 Oct. 20th & 21st 1 - 2 pm

Session 2 Oct 26th & 27th 9 - 10 am

Session 3 Nov 3rd & 4th 1 - 2 pm

Session 4 Nov 29th & 30th 9 - 10 am

**LET'S HAVE FUN LEARNING ABOUT
NEUROSCIENCE & BRAIN INJURY PREVENTION**

**EACH STUDENT WILL RECEIVE THEIR VERY
OWN PACKAGE WITH EVERYTHING THEY**



This newsletter is published by the Acquired Brain Injury (ABI) Education & Prevention Coordinator from Saskatchewan North ABI Services.

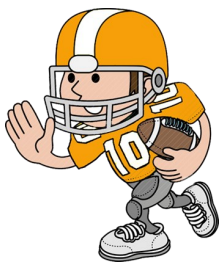
Gearing Up For Sports



Participating in sports is a great way to make friends, get in shape & keep your brain healthy. Sports help us learn important lessons about cooperation, determination, resilience and being part of a team.



4) Know your sport. Understand the rules & regulations. They are there to allow you to play aggressively while keeping yourself and others safe.



Playing a sport can put you at risk to sustain an injury. Your body is moving in all sorts of complex ways. If you aren't careful, you could tear a muscle, break a bone, damage your joints beyond full repair or sustain a concussion or brain injury.

5) Keep your head up! Watch out for players who might not see you standing there. If they aren't paying attention, make sure you are.



6) Don't play if you're already injured. You won't be helping your team or yourself if you're already hurt. You could risk aggravating your injury. This is an easy way to take a minor injury and turn it into a life-threatening one.

Here are some ways to stay protected!

- 1) Make sure you have all the necessary protective gear for your sport. Ensure that it fits you properly, and is in good condition. Wear your gear EVERY TIME you play; practice & games.
- 2) Stretch your body before and after. The more flexible your joints and muscles are, the better your body will accept the strain and impact of your sport.
- 3) HYDRATE! Not drinking enough liquids through the day can cause exhaustion, headaches, severe cramps and even a trip to the ER.



****Remember concussions are injuries too! If you do not allow your brain to heal it can put you out of the game a lot longer.***



7) Remember, it's just a game. Listen to what your body is telling you. Take breaks, and eat a healthy diet full of the nutrients necessary for you to be a strong athlete and competitor.

As your gearing up for your fall sport to go into full swing, remember how important it is to keep yourself safe. Have fun this season!

We are always on the lookout to connect with communities interested in injury prevention. Please email jennie.knudsen@saskhealthauthority.ca for more information. We want to hear from you!

* Begins Wednesday Sept. 15.

Youth Open ART Studio

\$: FREE PROGRAM for 8-16yrs old

EVERY Wednesday - September to March.

Session 1: 5:00-6:30pm & Session 2: 6:30-8:00pm

Join us at the PA ARTS CENTER, 1010 Central Avenue

Instructor: Lana Lorensen



Designed for self-motivated youth who are interested in art.

Materials are provided and creativity is encouraged. Sponsored and administered by the Prince Albert Council for the Arts. Funding provided by the Saskatchewan Lotteries Community Grant Program.

*Drawing, Coloring, Painting, Beading, Paper Mache, Knitting, Clay, Chalk Pastels, Charcoal, Pencils, Oil Pastels, Paper Mache, **CREATING !!!***