

CHRISTOPHER LAKE PUBLIC SCHOOL

**February 2022**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Kindergarten	2	3 Kindergarten	4	5 
6	7	8 Kindergarten	9	10 Kindergarten 100TH Day of School	11 Kindergarten	12
13 February 14th to 18th is Teacher and Staff Appreciation Week	14  Valentine's Day	15 Kindergarten	16	17 Kindergarten Winter Festival Day	18	19
20	21 Family Day No Classes	22 No Classes	23 No Classes	24 No Classes	25 No Classes	26
27 	28					

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**CHRISTOPHER LAKE PUBLIC SCHOOL**

*Home of the LAKERS*

February 2022



**Principal's Message**

Dears CLPS Families,

As I write this letter, I realize that it is Groundhog Day today. If you feel like I do right now, you're likely hoping for some good news! It certainly has been one of the colder Januarys that we have endured for a while. As we move into the month of February, I sure am hoping for some warmer temperatures! And maybe a little less snow too! The ridges on the sides of my driveway at home are beginning to resemble the Swiss Alps from all of the shoveling done this winter!

In this month of February there are a few things to note within the life of our school.

- The week of **February 14<sup>th</sup> to 18<sup>th</sup>** is officially **Teacher & Staff Appreciation Week** in Saskatchewan. I want to give a hearty shoutout to the teachers and staff here at CLPS for all of their dedicated, compassionate, and hard work in providing our students with a quality and rich educational experience during yet another uncertain year within this current pandemic. My hat goes off to them all!
- **Valentine's Day** is on **Monday, February 14<sup>th</sup>**. We ask that if parents are desiring to send some treats for this occasion that they contact the classroom teacher about their intent. Any treat items need to be allergen aware (i.e. nut free), individually wrapped, and brought to the school no later than **Friday, February 11<sup>th</sup>** so that they can sit for 72 hours prior to distribution. Teachers will also be communicating their procedures around Valentine's Cards with families in the coming days.
- **CLPS Winter Festival** is scheduled for **Thursday, February 17<sup>th</sup>**. We are excited about this annual outdoor event! More details will follow from our staff planning committee shortly.
- **Winter Break** is from **February 21<sup>st</sup> to 25<sup>th</sup>**.

I want to wish you all a happy February with the hopes that you will be able to spend some rich and meaningful time with your families during Family Day (Feb 21) and the Winter Break. As usual, my office is always open for conversation around any questions or concerns that you may have.

Sincerely,

Mr. D. Letkeman – *Principal*

# Catholic Family Services

1008 1<sup>st</sup> Avenue W., Prince Albert

## Calming the Storm for Teens

Calming The Storm For Teens is offered over 3 weeks. It is an anger management program specifically for 13 to 18 year olds. The program is designed to improve self-esteem and to learn anger management and effective communication skills.

The program teaches participants to cope with anger by answering questions such as:

- What is anger?
- How does anger affect my body and my health?
- How do I show anger?
- Where is my anger coming from?
- When does anger become a problem?
- How can I manage anger?
- What is forgiveness?

Calming the Storm for Teen will run:

Wed – Feb. 2, 9 and 16 – 5:15 to 7:15

Supper is provided and transportation is provided as needed.

There is a \$25 fee.

## Riding the Wave

This program is for children 6 to 12 and their parents/guardians. It is for children recovering from violence or trauma.

Riding the Wave uses a variety of weekly activities which are designed to improve self-esteem, communication skills problem solving by using and will learn ways of dealing with violence and trauma.

Riding the Wave will run:

Sat. and Sun., Feb. 12 and 13 from 9am to 12 noon

Transportation is provided as needed.

There is no fee for this class.

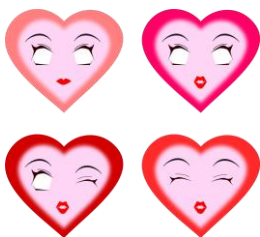
## Parenting from the Heart

This parenting class focuses on how to parent children who suffer from trauma.

Sat. and Sun., Feb. 26 – 27 from 9:am to 12 noon

Transportation is provided

There is no fee for this class.





## DON'T HESITATE, **VACCINATE**

**PFIZER (age 5+), MODERNA (age 12+) and Influenza Vaccine**

Walk-ins will be accepted as space is available.

### **Gateway Mall (under the skylights)**

Jan. 22nd—10am-4:30pm

Jan. 23rd—noon—4:30pm

Jan. 25th—10am-5:30pm

Jan. 27th—11am-6:30pm

Jan. 28th—10am-5:30pm

Jan. 29th—10am-4:30pm

Feb. 3rd- 11am-6:30pm

Feb. 4th—10am-5:30pm

Feb. 5th—10am-4:30pm

Feb. 8th—10am—5:30pm

Feb. 10th— 11am-6:30pm

Feb. 11th— 10am—5:30pm

Feb. 12th—10am—4:30pm

### **Senator Allen Bird Centre**

Jan. 26th— 9am-5pm

Feb. 2nd—9am-5pm

Feb. 9th—9am-5pm

**Call 1-833-SASKVAX  
(1-833-727-5829) or  
BOOK ONLINE**



**Plan your flu/COVID shot today  
at [www.4flu.ca](http://www.4flu.ca)**

*Sign up NOW  
Spring Football!!!*

## **NON CONTACT FOOTBALL**

**FLAG FOOTBALL > GR. 4/5**

**LITTLE TYKES > PREK - GR. 4**

## **SIXASIDE TACKLE FOOTBALL**

**PEEWEE > GR. 5 AND 6**

**BANTAM > GR. 7 AND 8**

**HIGH SCHOOL > GR. 9 THRU 11**

# **RR FOOTBALL**

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and online registrations**



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