

# March 2023

## Christopher Lake Public School



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Kindergarten Pizza Sale	3 Kindergarten	4
5	6	7 Kindergarten	8 Ribbon Skirt Day	9 Kindergarten	10	11
12	13	14 Kindergarten SCC Lunch	15	16 Kindergarten Green Day	17 Convention No Classes	18
19	20 PLC No Classes	21 Kindergarten Grade 6 to 8 Ski Trip to Wapiti	22	23 Kindergarten	24 Kindergarten	25
26	27	28 Kindergarten	29	30 Kindergarten Pizza Sale Science Fair P.T. Interviews	31	

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# **CHRISTOPHER LAKE PUBLIC SCHOOL**

*Home of the LAKERS*

March 2023

## **PRINCIPAL'S MESSAGE**

Greeting CLPS Community,

As the calendar flips to the month of March I have noticed a few things. My arrival to the school in the morning is no longer in complete darkness. While on outdoor supervision the snow is melting even when the thermometer says its -10C. The sun has some warmth to it again. All of these things remind me just how quickly this school year is going by.

That being said, I continue to be impressed with the level of effort that staff and students put into their days. It is such a pleasure and a privilege to be here with all of you. I want to encourage students to make the most of the rest of the year and all of the future exciting events that are in store for us.

All the Best,

Mr. Lambert P. Schwartzberger - Principal



### ***PARENT TEACHER INTERVIEWS***

Parent Teacher Interviews will be held on March 30<sup>th</sup> from 3:30 – 8:30.



## School Fees

This is a friendly reminder, to those that haven't paid student fees, that they are due. Student fees are used in the classrooms for various curriculum based special events and activities. You can either pay online or directly at the school office. Fee reminder letters will go home with the Interim Reports.



Make online payments with  
**SchoolCashOnline**

- ✓ **Field Trips**
- ✓ **Sports Events**
- ✓ **Activity Fees**

 **KEV GROUP**  
School Cash Simplified

Please visit [www.srsd19.ca/school-cash-online](http://www.srsd19.ca/school-cash-online) for instructions.



The CLPS SCC is hosting a  
**Spaghetti and Meat Sauce Hot  
Lunch on Tuesday, March 14th.**

Order forms will be out shortly and are due back on  
Thursday, March 9th.

Thank you for supporting our hot lunches. Funds earned are used to purchase items for the school including equipment, basketball jerseys, Santa's workshop crafts, free lunches, Beauty & the Beast tickets, end of year trips, etc.

February 22, 2023

Dear Parent/Guardian,

Recently a Pertussis (whooping cough) outbreak was declared in southern Alberta. Prince Albert Public Health is asking parents and guardians to please ensure their children are up to date with **routine immunizations**.

### What is pertussis?

- Is caused by the bacteria *Bordetella pertussis*
- Is a serious and highly contagious infection of the lungs and throat
- Young children, especially those ***who have not been immunized***, get sicker than other children—**immunization is key to preventing serious illness and outcomes**
- **Early diagnosis and treatment is important** to stop the spread of the pertussis bacteria
- Pertussis spreads easily when an infected person coughs, sneezes or has close contact with others
- It starts like a common cold with symptoms such as sneezing, runny nose, mild fever and a mild cough.
- During the next week or two, the cough gets worse, leading to severe coughing spells that often end with a whooping sound before the next breath—especially in young children
- Teenagers and adults may not make the whooping sound
- The cough can last one to two months and occurs more often at night
- The cough can make a person gag or spit out mucus, making it hard to breathe. This prevents enough oxygen from getting to the brain

### How can I prevent getting or spreading Pertussis?

- **Get immunized for Pertussis to protect yourself and those around you**
  - Pertussis containing vaccines are part of the routine childhood immunization program and adult immunizations (including for pregnant women) are available as well
  - **If you're unsure if your child is up to date please phone (306) 765-6506 to speak with a Public Health Nurse**
  - **We have also attached clinic poster with our available clinics in Prince Albert and Rural Areas.**
- Stay home when you feel sick
- Wash your hands with soap and water.
- Use an alcohol-based hand sanitizer gel to clean your hands if soap and water are unavailable.
- Cough and sneeze into your sleeve or a tissue (throw tissue away after use and wash your hands)
- Clean and disinfect all surfaces regularly

For more information: <https://www.saskhealthauthority.ca/news-events/news/protect-yourself-and-your-family-pertussis-whooping-cough>

Sincerely,

School Team Prince Albert Public health, Saskatchewan Health Authority



# Childhood Immunization Clinics

## PRINCE ALBERT & AREA CLINICS *By Appointment Only - CALL 306-765-6510*


### Prince Albert Public Health Office

2<sup>nd</sup> Floor L.F. Macintosh Building - 800 Central Avenue  
Monday to Friday 9am - 4pm

### Birch Hills Health Center

3 Wilson St, Birch Hills  
1<sup>st</sup> & 3<sup>rd</sup> Tuesday each Month

### Late Day Child Health Clinics

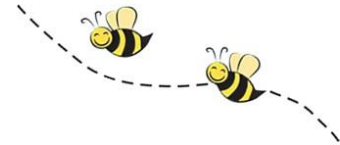
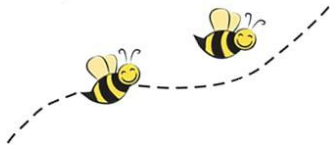
 Gateway Mall (C19 clinic location)  
Thursdays 3pm - 6:15pm

### Kinistino

Farm World  
4<sup>th</sup> Tuesday each month

### St. Louis

Public School  
2<sup>nd</sup> Tuesday each month  
September to June



## PRINCE ALBERT DROP IN CLINICS *First Come First Served—no appointment needed*

### Prince Albert Public Health Office

2<sup>nd</sup> Floor L.F. Macintosh Building - 800 Central Avenue  
Thursday & Friday  
8:30 - 11:30 am & 1 - 4 pm

### Bernice Sayese Centre

1350 - 15th Ave. W  
Wednesday  
10 am - 3:30 pm

